

菜单

MENU 2019.9.23-9.29 MENU



| Dinner | Monday/周一 | TUESDAY/周二 | WEDNESDAY/周三 | THURSDAY/周四 | Sunday/周日 |
|-------------------|---------------------------------------|-----------------------------------|--|---|-----------|
| Asian Set 晚餐亚洲 | Braised Curry Chicken 咖喱烧鸡腿 | Beef & Radish Stew 红白萝卜炖牛腩 | Duck & Dried bean Curd with soysauce 香干烧鸭块 | Pork with Vinegar Sauce 锅包肉 | |
| | Steamed egg with Ham 上汤火腿蔬菜水蒸蛋 | Sautéed Pork w/cucumber 黄瓜肉片 | Stir-fried bamboo shoots and asparagus with sausage 双笋炒香肠 | Fish fillet & Vermicelli soysauce 葱油粉丝鱼块 | |
| | Poached green vegetable 木耳青菜 | Poached Greens 蒜蓉毛毛菜 | Sautéed Cauliflower 清炒花菜 | Poached cabbage 清炒大白菜 | |
| | Steamed rice 米饭 | Steamed rice/Noodle Soup 米饭/汤面 | Steamed rice 米饭 | Steamed rice 米饭 | |
| | Red Bean Soup with Rice Cake 红豆汤年糕 | Yoghurt 酸奶 | Yoghurt 酸奶 | Cranberry cookies 蔓越莓饼干 | |
| | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | |

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| Western Set 西式套餐 | Beef Bolognese 意大利牛肉酱 | Roasted Chicken Wings with BBQ Sauce 烤翅根配美式烧烤汁 | Pork & Tomato&Basil Stew 罗勒茄汁烩猪肉丁 | Chicken & Cheese Quesadilla 鸡肉芝士饼 | |
| | Fusilli 螺丝意粉 | Roasted potato w/bacon 培根烤土豆 | Penne 两头尖意粉 | Roasted potato wedge 烤薯角 | |
| | Veggie Sticks 黄瓜条胡萝卜条 | Lettuce salad 混合生菜色拉 | Poached broccoli 西兰花 | Lettuce 生菜 | |
| | Red Bean Soup with Rice Cake 红豆汤年糕 | Yoghurt 酸奶 | Yoghurt 酸奶 | Tomato slices 番茄片 | |
| | Soup/Drink, Fruit 每日汤品,饮料, 水果 | Soup/Drink, Fruit 每日汤品,饮料, 水果 | Soup/Drink, Fruit 每日汤品,饮料, 水果 | Cranberry cookies 蔓越莓饼干 | |
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| Noodle Set 面点套餐 | Shanghai Style Spicy Pork with Tofu 上海辣肉 | Thai Style baked Fish 泰式柠汁烤鱼 | Stir-fried Beef with Kimchi 泡菜牛肉 | Sautéed Pork with Mushroom 蘑菇炒肉 | |
| | Noodle Soup 汤面 | Noodle Soup 汤面 | Noodle Soup 汤面 | Noodle Soup 汤面 | |
| | Shanghai Green 上海青 | Asian Green 菜苋 | Bok Choy 青菜 | Fried Egg with Tomato 番茄炒蛋 | |
| | Red Bean Soup with Rice Cake 红豆汤年糕 | Yoghurt 酸奶 | Yoghurt 酸奶 | Cranberry cookies 蔓越莓饼干 | |
| | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | |
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| Special Offer 每日特色 | Club Sandwich 总汇三明治(火腿, 培根, 鸡蛋, 蔬菜) | Roasted Pork with Gravy 烤猪颈肉配烧肉汁 | Soya Chicken 豉油鸡 | Tomato & Basil Sole Fish Sauce 罗勒番茄龙利鱼意面酱 | |
| | Or 或者 | Potato Mash 土豆泥 | Fried Rice with Egg & Ham 鸡蛋火腿炒饭 | Penne 两头尖意面 | |
| | Grill Chicken with Cheese Ciabatta 鸡肉芝士芝巴达 | Grilled Zucchini 铁扒西葫芦 | Lettuce with Oyster Sauce 蚝油生菜 | Garlic Bread 蒜蓉面包 | |
| | Mixed Salad 混合蔬菜色拉 | Garden salad 田园色拉 | Pickle Radish 腌萝卜 | Mixed Salad 混合蔬菜色拉 | |
| | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | Soup/Drink, Fruit 每日汤品, 饮料, 水果 | |
| | Red Bean Soup with Rice Cake 红豆汤年糕 | | | | |

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